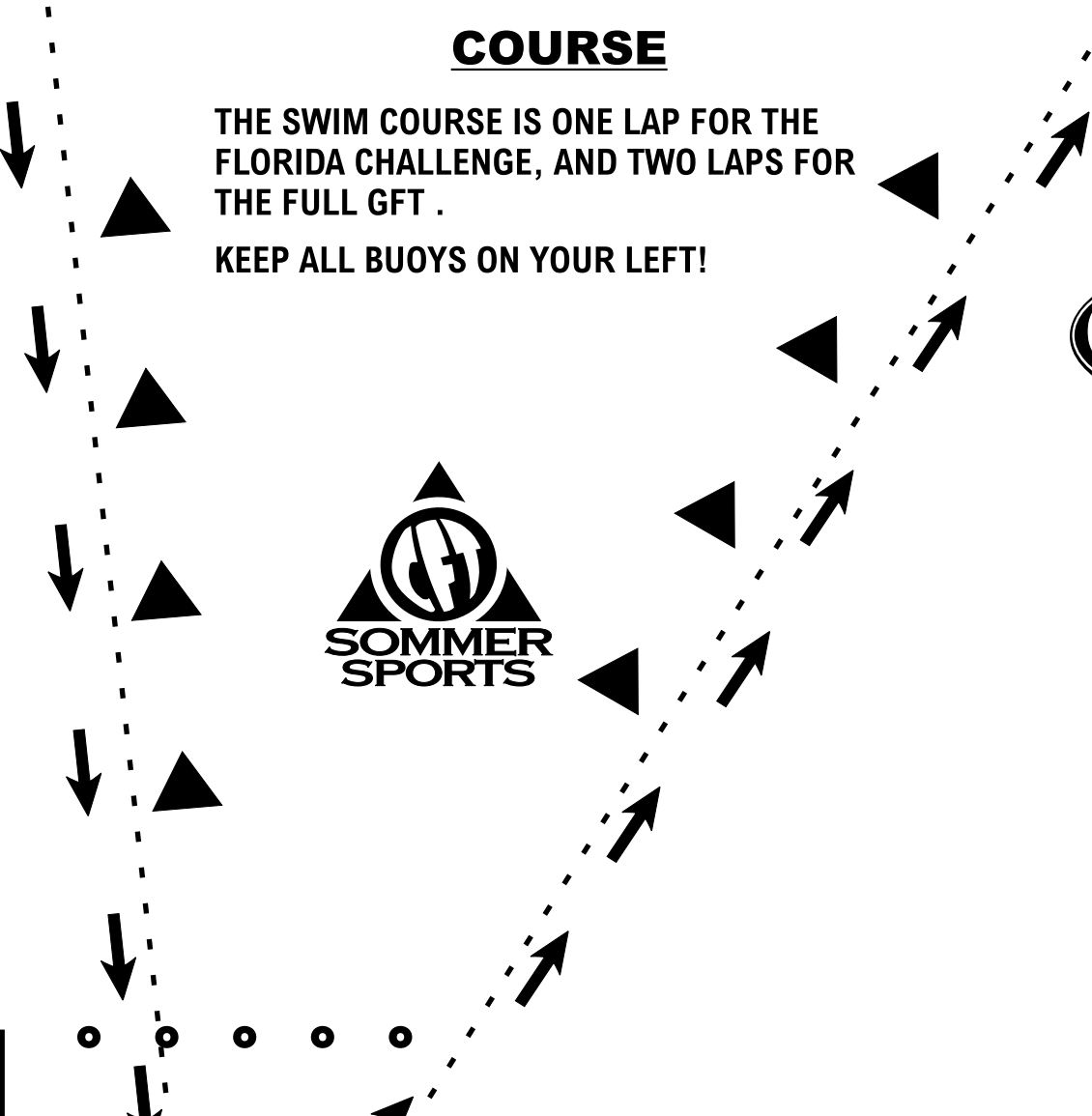


# COURSE

THE SWIM COURSE IS ONE LAP FOR THE FLORIDA CHALLENGE, AND TWO LAPS FOR THE FULL GFT .  
KEEP ALL BUOYS ON YOUR LEFT!

## **1.2 MILE SWIM COURSE**

FLORIDIAN SWIMMERS - SWIM 2 LAPS  
FL CHALLENGE SWIMMERS - SWIM 1 LAP



**P  
E  
R**

**FINISH**

**START**

Start  
Lap 2